

GCE Lunch Menu for Nov'23

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Karvachauth	2 <ul style="list-style-type: none"> • Kadhai Paneer • Mixed Dal • Roti & Rice • Grated Beetroot & Peanuts Salad With Salt, Pepper & Lemon (Thickly Grated) 	3 <ul style="list-style-type: none"> • Moong Dal • Gobhi Masala • Roti & Rice • Rajgira Laddoo
6 <ul style="list-style-type: none"> • Lauki Chana Dal • Mixed Veg • Rice & Roti • Fryums 	7 <ul style="list-style-type: none"> • Kadhi Pakora • Methi Aloo • Roti & Rice • Rainbow Salad 	8 <ul style="list-style-type: none"> • Gobhi Paratha With Sweet Lime Pickle • Veg. Dum Biryani With Cucumber Raita • Mint Coriander Chutney 	9 <ul style="list-style-type: none"> • Matar Paneer • Kathal Masala • Rice & Roti • Kachumber Salad 	10 <ul style="list-style-type: none"> • Chhole Gravy • Dry Chatpate Aloo • Jeera Rice • Bedmi Poori • Chocolate Brownie
13 Diwali Break	14 Diwali Break	15 Diwali Break	16 <ul style="list-style-type: none"> • Rajma Gravy • Aloo Karela • Roti & Rice • Green Salad 	17 <ul style="list-style-type: none"> • Vegetable Noodles • Spring Onion And Veg Fried Rice • Veg Manchurian (Non-Spicy) • Doughnut
20 <ul style="list-style-type: none"> • Arhar Dal • Veg Jalfrezi • Roti & Rice • Fryums 	21 <ul style="list-style-type: none"> • Paneer & Green Herbs Paratha With Fresh Veg. Pickle • Vegetable Pulao With Cucumber & Mint Raita • Gulab Jamun 	22 <ul style="list-style-type: none"> • Mixed Dal • Veg Palak Kofta Curry • Roti & Rice • Corn, Tomato And Cucumber Salad 	23 <ul style="list-style-type: none"> • Black Chana Curry • Jeera Aloo • Roti & Rice • Cucumber Kimchi Salad 	24 <ul style="list-style-type: none"> • Rava Idli With Coconut Chutney • Puliogare • Ash Gourd And Drumstick Sambhar • Banana

HXLS-GCE
LUNCH MENU- NOVEMBER'23

<p>27</p> <p>Guru Nanak Jayanti</p>	<p>28</p> <p>Dal Panchmel Paneer Do Pyaza Tikona Paratha Rice Corn, Tomato And Cucumber Salad</p>	<p>29</p> <p>Matar Kulcha Baby Potato And Onion Pulao Boondi Raita Salad</p>	<p>30</p> <p>Rajma Gravy Gobi, Gajar, Matar Masala Roti & Rice Peanut Chikki Patti</p>	
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Allergy Statement: The food highlighted in blue and green items contains lactose or nuts. Avoid if the child has LACTOSE INTOLERANCE or NUT & PEANUT allergy.

Disclaimer: The menu may change according to the availability of raw materials and weather conditions.