



# LUNCH MENU, March - 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 ROASTED TOMATO & GARLIC SOUP, DAAL PANCHMEL, BAINGAN KA BHARTA, VEG PULAO, CHAPATI, RAINBOW SALAD	2
4 RAJMAH MASALA, MIX VEG, METHI CHAPATI, RICE, BATHUA RAITA, GREEN SALAD	5 IDLY, SAMBHAR, TOMATO RICE, COCONUT CHUTNEY, MILLET PAYSAM, SALAD TEMEPERED IN SOUTH INDIAN SPICES	6 DAL TADKA, KATHAL MASALA, METHI CHAPATI, RICE, KACHUMBAR SALAD, FRUIT	7 KALA CHANA GRAVY, HING JEERA ALOO BHAJI, RICE, SPINACH POORI, GREEN SALAD, RICE KHEER	8 MAHA SHIVRATRI	9
11 KADI PAKORA, ALOO METHI, CHAPATI, RICE, GARDEN SALAD	12 VEGETABLE SOUP, VEG. GARLIC NOODLES, VEG FRIED RICE, MANCHURIAN BALLS IN CHINESE GRAVY, CORN AND VEG SALAD	13 GHIYA CHANA DAL TADKA, DRY SOYA KEEMA MATAR, METHI CHAPATI, RICE, CARROT & CUCUMBER SALAD, KESARI RAWA	14 RAJMAH MASALA, KADHAI VEGETABLES, RICE, CHAPATI, GREEN SALAD, VERMICILLIE KHEER	15 ARHAR DAAL TADKA, CARROT PEAS SABZI, BEETROOT CHAPATI, RICE, GREEN SALAD, FRUIT	16 GOBHI PARANTHA, DAHI BHALLA, PICKLE, GULAB JAMUN
18 COTTAGE CHEESE WITH PEAS IN TOMATO GRAVY, RAJASTHANI DAAL, BEETROOT CHAPATI, VEG RICE, KACHUMBAR SALAD	19 PAO BHAJI, KALA CHANA RICE, BOONDI RAITA, GREEN SALAD	20 SABUT MASOOR, ARBI MASALA, VEG RICE, CUCUMBER RAITA, CHAPATI, CUCUMBER BEETROOT SALAD	21 WHITE CHANA, SWEET N SOUR PUMPKIN, ROTI, VEG PULAO, GREEN SALAD, MINT RAITA	22 BAKED VEGETABLES, PINK SAUCE PASTA, VEG FRIED RICE, MANCHURIAN BALLS IN CHINESE GRAVY, GREEN SALAD, FRUIT CUSTARD	23
25 HOLI	26 DAL MAKHANI, PANEER BHURJI, METHI CHAPATI, KASHMIRI PULAO, GARDEN SALAD, GUJIYA	27 DAL PARANTHA, POTATO IN TOMATO GRAVY WITH PEAS, VEG BIRYANI, CUMIN RAITA, GREEN SALAD	28 KADHAI PANEER, MOONG SABUT DAAL, RICE, BEETROOT CHAPATI, GREEN SALAD, BESAN BURFI	29 GOOD FRIDAY	30

Allergy Statement: The food highlighted in blue and green items contains lactose or nuts. Avoid if the child has



Disclaimer: The menu may change according to the availability of raw materials.