

HXLS-GCE Lunch Menu, February – 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 DAL MAKHANI, PANEER BHURJI , METHI ROTI, BOONDI RAITA , RICE, SALAD	2 POTATOES & CAULIFLOWER SAUTEED IN SPICES, BLACK MASOOR DAL, SPINACH ROTI, VEGETABLE RICE, GREEN SALAD, BESAN LADOO
5 SWEET CORN SOUP, RAJMA MASALA, ACHARI ALOO BAIGAN, BEETROOT CHAPATI, RICE, GREEN SALAD	6 DAAL TADKA, MIXED VEGETABLES, METHI CHAPATI, RICE, BEETROOT AND CARROT SALAD, RAJGIRA LADOO	7 MATAR, KULCHA, VEG DUM BIRYANI, MINT RAITA , GRATED RADISH & CARROT SALAD	8 CHANA DAL, SAUTÉED POTATOES WITH FENUGREEK LEAVES, CHAPATI, RICE, GREEN SALAD, FRYUMS	9 PAV, BHAJI, VEG KALA CHANA PULAV, BOONDI RAITA , CHOCO MUFFIN
12 PULIOGRE, IDLY, VADA, SAMBHAR, COCONUT CHUTNEY, KESARI HALWA	13 PINDI CHOLE, MIX VEGGIES, PEAS PULAV, AJWAIN POORI, BOONDI RAITA , CUCUMBER & BEETROOT SALAD	14 COTTAGE CHEESE IN PUREED SPINACH , TOOR DAL, CHAPATI, RICE, GARDEN SALAD, MEETHE CHAWAL WITH NUTS AND RAISINS	15 KADHI PAKORA , CARROT & PEAS VEGETABLE, CHAPATI, CUMIN RICE, GREEN SALAD	16 MATAR, KULCHA, PEAS PULAO, KHIMCHI SALAD, CHOCOLATE DONUT, FRYUMS
19 DAL BUKHARA , MATAR PANEER BHURJI , CHAPATI, VEGETABLE RICE, GREEN SALAD, FRUIT	20 IDLY, SAMBHAR, LEMON RICE , COCONUT DIP, MIX SALAD, FRYUMS	21 MATAR PANEER, MIXED VEG, VEG PULAO, CHAPATI, CUCUMBER SALAD, TEMPERED RAITA	22 SOYA CHAAP MASALA, DAAL DHABA, CHAPATI, RICE, GREEN SALAD	23 VEG MANCHOW SOUP, GARLIC-TOSSED VEG NOODLES, VEG MANCHURIAN, VEG FRIED RICE, SALAD, BROWNIE
26 CAULIFLOWER TOSSED IN MIXED SPICES, DAL DARBARI, CHAPATI, RICE, GREEN SALAD	27 POTATO IN TOMATO GRAVY, KHATTA- MEETHA PUMPKIN, SPINACH POORI, STEAMED RICE, KACHUMBAR SALAD	28 DAL MAHARANI, BEANS ALOO, CHAPATI, KALA CHANA PULAO, GREEN SALAD, GULAB JAMUN	29 KADHAI PANEER DUM BIRYANI, METHI ROTI, CUMIN RAITA , CARROT & BEETROOT SALAD	

Allergy Statement: The food highlighted in **blue** and **green** items contains lactose or nuts. Avoid if the child has **LACTOSE INTOLERANCE** or **NUT & PEANUT** allergy.

Disclaimer: The menu may change according to the availability of raw materials and weather conditions.