



HXLS - 62
LUNCH MENU, JULY 2026



DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK	WEEK - 1					
DATE			1	2	3	4
MENU			MANGO SHAKE, BEDMI PURI, ALOO TAMATAR JHOL, AAM KHATTI KALONJI SABZI, PUDINA AAM CHUTNEY, TAWA MASALA PULAO, BHEL PURI, AAM PANNA, FRESH MANGO PASTRY	PAO, BHAJI, VEG. BIRYANI, TOMATO SALAN, STICK SALAD, SEASONAL FRUIT - BANANA	VEG SAMBHAR, IDLY, TEMPERED COCONUT DIP, TEMPERED CURD RICE WITH POMOGGRANATE, SUJI HALWA	OFF
WEEK	WEEK - 2					
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DATE	6	7	8	9	10	11
MENU	RAJMA MASALA, CARAMALIZED ONION POTATO, BEETROOT CHAPATI, STEAMED RICE, AAM PANNA, CUCUMBER TOMATO CROUTONS SALAD, (WITH OLIVE OIL DRESSING)	MUNG SABUT DAAL, ACHARI ARBI MASALA, CHAPATI, CARROT AND CUMIN RICE, GREEN SALAD, BEETROOT RAITA	ARHAR DAAL TADKA, KATHAL MASALA (SEMI DRY GRAVY), CHAPATI, CUMIN RICE, VEG. POTATO SALAD, SWEET BOONDI	KALA CHANA GRAVY, KHATTA MEETHA KADDU, CHAPATI, STEAMED RICE, TEMPERED BUTTERMILK, KACHUMBAR SALAD	GARLIC BREAD, VEG. MACRONI, (NO KETCH UP, NO PEAS), CHILLY PANEER GRAVY, (LESS SPICES), VEG. FRIED RICE, CHOCOCHIP BROWNIE	OFF
WEEK	WEEK - 3					
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DATE	13	14	15	16	17	18
MENU	KADHI PAKODA, BAINGAN ALOO, CHAPATI, JEERA RICE, GREEN SALAD, LEMONADE	MOONG MASOOR DAAL, SOYA NUTRI MATAR, STEAMED RICE, CHAPATI, SALAD STICKS, CUMIN RAITA	LOBIA CURRY, VEGETABLE PANEER BHURJI, STEAMED RICE, CHAPATI, STICK SALAD, PLAIN CURD	DAAL TRIVENI, KURKURI BHINDI, BAY LEAF RICE, CHAPATI, RAINBOW SALAD, MINI BALUSHAH	WHITE CHANNA CURRY, WHOLE WHEAT KULCHA, MASALA PULAO, DAHI PAKODI, WITH MINT & TAMARIND DIP, KACHUMBAR SALAD	VEGETABLE PANEER PARANTHA, CHANA DAAL PULAO, MIX PAKODA, MINT DIP, CUMIN RAITA
WEEK	WEEK - 4					
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DATE	20	21	22	23	24	25
MENU	CHANA DAAL KHICHADI, KADHAI PANEER, BEETROOT CHAPATI , SALAD STICKS, CUMIN RAITA	DAAL DHABA, TORAI MASALA, STEAMED RICE, CHAPATI , SALAD STICKS, BUTTERMILK	RAJMA MASALA, PARVAL ALOO, STEAMED RICE, CHAPATI, FRYUMS	LASONI DAL, KADHAI VEG, CHAPATI, STEAMED RICE, BANANA	AJWAINI POORI, WHITE CHANNA GRAVY, KHATTA MEETHA KADDU, DUM BIRYANI, VEGGIES SPROUTS SALAD	CHOLE, BHATURA, JEERA RICE, SALAD, PICKLE, SWEET LASSI
WEEK	WEEK - 5					
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DATE	27	28	29	30	31	
MENU	CHANA DAAL TADKA, TAWA VEGETABLE, CUMIN RICE, CHAPATI, CORN SALAD	SOYA CHAAP MASALA, ALOO PYAAZ KARELA, STEAMED RICE, CHAPATI, CHANA SALAD	LAUKI CHANA DAAL, BHINDI DO PYAZA, JEERA RICE, CHAPATI, MACRONI SALAD	VEG. MANCHURIAN GRAVY, FRIED RICE, STREET STYLE NOODLES, SEASONAL FRUIT - BANANA	HOLIDAY Shaheed Udham Singh Martyrdom Day	



DISCLAIMER: THE MENU MAY CHANGE ACCORDING TO THE AVAILABILITY OF RAW MATERIALS.

ALLERGY STATEMENT: THE FOOD HIGHLIGHTED IN BLUE AND GREEN ITEMS CONTAINS LACTOSE OR NUTS, AVOID IF THE CHILD HAS ANY.

